



In Family Digest Magazine, James and Valder Beebe, 2009 Campaign Green's "Eco-Lifestyle Expert" winners will share Smart-Living Green information. Our goal is to educate about the environmental to impact and challenge readers to live green, recycle, reuse, reduce & respect planet earth, to be a part of the green revolution.

Green issues and solution will be a big part of the new administration in Washington, DC. In addition, you can be a part of "Yes We Can" of our green environment. Help planet earth by finding ways to reduce energy consumption, reuse items and recycle for a brighter future. Listen to a few Smart-Living Green facts.

Recycling facts: Recycling facts: People in the U.S. throw away 2.5 million plastic bottles an hour. We throw away our milk bottles, soda bottles, water bottles, trash bags, grocery bags, and product packaging.

Recycling facts: If we recycled just one-tenth of our newspapers in America, we would save 25 Million trees a year

Recycling facts: Paper or plastic? Sound familiar? It's no longer much of a choice in the United States, where plastic bags — that were introduced in 1977 —now make up 90 percent of all grocery bags.

Recycling facts: Plastic vs Paper - According to some plastics experts, a plastic grocery store bag may take an estimated 500-years while other plastic experts prefer a more conservative estimate given the life span of a plastic bag, it can take up to 1,000-years to decompose

Recycling facts: Paper Bags - Yes, paper is your green choice. Well, your paper bag can end up in a landfill site where it will take years to break down

Each of must take responsibility for clean air, water and sustaining planet earth. Visit [www.valderbeebeshow.com](http://www.valderbeebeshow.com) for more Smart-Living Green.

Dallas entrepreneur couple James and Valder Beebe, were inducted into 2007 National and Texas Black Marriage Hall of Fame. Married Valentine's Day 1985, Valder is a graduate of Coleman Business College, and James received his degree in Applied Arts & Science. The Beebe have been featured in Essence Magazine, along with other national publications. She is the 2009 winner of Campaign Green's "Eco-Lifestyle Expert" and speaks about Smart-Living Green at Universities, Churches and women's events. Visit [www.valderbeebeshow.com](http://www.valderbeebeshow.com).



The earth is a sacred place and it is our home. As we receive damaging reports about the depletion of the ozone layers, water pollutions, food system compromised, it may seem if we do not have answers. We do have answers; we have a planet that is resilient and plentiful. As caretakers of planet earth, the change starts with us. If each person makes a commitment to reuse, recycle and renew the earth's resources "a change will come." We have listed a few facts about making a difference on planet earth.

Recycling facts: FOR YOUR INFORMATION  
Newspapers take two to five months to biodegrade in a compost heap;

Recycling facts: Experts estimate it will take approximately 3-4 weeks for a Banana Peel composition to occur in a landfill.

Sometimes, even banana peels do not decompose once they reach the landfill. For sanitary reasons, modern landfills are lined on the bottom with clay and plastic to keep waste from escaping into the soil and are covered daily with a layer of earth to reduce smell. The landfill, then, acts like a trash tomb—the garbage within receives little air, water, or sunlight. This means that even readily degradable waste objects, including paper and food scraps, are more likely to mummify than decompose.

Recycling facts: How long does it take an item to decompose in a landfill? Here are a few fact?

Cardboard: 2 months

Wool Sock : 1 year

Chewing Gum 5 years

Tinned Steel Can: 50 years

Aluminum Can: 200-500 years (But if you recycle a can, it can be reused within 6 weeks!)

Disposable Diapers: 550 years

Plastic Bags : 20-1000 years

Plastic Jug: 1 million years

Glass : 1-2 million years

Styrofoam: 1+ million years

Recycling facts: The Environmental Protection Agency reports the United States produces approximately 220-300 million tons of garbage each year. Each American makes about 4 pounds of garbage each day.

Recycling facts: It is estimated that About 300 million tons is dumped into American landfills each year.

According to an estimate that is, costing consumers about \$100 billion dollars worth of food that is going to landfills every year.

Americans throw out between 25 and 50 percent of the food produced in America.

In conclusion, “change the way you look at things – the things you look at will change”

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